Group Fitness COVID-19 Protocols

We appreciate your cooperation as we follow and enforce:

FACE COVERING
Please wear a face covering that covers both nose and mouth on all sides while in the building in accordance with Governor Inslee’s mandate for the state of Washington. We encourage patrons keep their face coverings on in the fitness classrooms.

ARRIVAL TESTING
Students wanting to use WSU facilities including UREC will be required to take a COVID-19 screening test in January upon arrival to campus, which will be free. Students must quarantine while awaiting test result. Further details regarding requirements for faculty and staff will be made available soon. For more information, please visit: https://wsu.edu/covid-19/

DAILY ATTESTATION & RESERVATIONS
Before entering facility, all patrons will need to attest on my.wsu.edu that they have not recently experienced symptoms of COVID-19 or been in close contact with someone who has. Please show the attestation result to our staff at the front desk. If your attestation result does not indicate “you’re good to go” and/or you did not schedule a reservation, you will not be allowed into the building.*

*Fitness class registration counts as a reservation.

ONCE IN FACILITY
Please keep in mind that locker rooms will be closed, designated rest rooms will be open (single occupancy and gender inclusive that offers private stalls), and stairs will be divided in half with one side as “up” and the other as “down”. All doors and gates will also be designated as Entry and Exit only. Towel service will be discontinued. We encourage everyone to bring their own towels. Water fountains will be turned off, but bottle filling stations will be available.

CLASS CHECK-IN
Please check in with our instructors for entry into fitness rooms. Staff will direct you to an assigned space (which will be marked on the floors) and equipment already prepared. As you wait, please maintain physical distance from other patrons.

PHYSICAL DISTANCING
Sessions will be held in spaces that allow for at least 14.14 feet of distance between individuals. Spots are limited to allow 200 square feet per patron, as mandated by Governor Inslee.

AFTER CLASS
Sanitation sprays will be available in each patron spot. Please spray equipment immediately after each use without wiping them. Wait in your space until the instructor facilitates exit, one by one.

OTHER GUIDELINES
We recommend all patrons wash their hands or use facility-provided hand sanitizer upon entrance to the facility, training floor, or fitness rooms, prior to exiting, and throughout their reservation time.

HIGH-RISK PATRONS
It is recommended that high-risk patrons continue to stay home to stay healthy. High-risk patrons include people over the age of 65, people with serious underlying medical conditions like chronic lung disease, moderate to severe asthma, and people who are immune-compromised.